

About the *Author*



Brandon Beckman...

holds a Masters Degree in Business Administration from the University of Phoenix and a Bachelor's Degree in Liberal Arts from Loyola Marymount University. He is an addictions counselor certified by the State of California (CATC) and a member in good standing of the California Association of Alcohol and Drug Educators (CAADE). As the Chief Executive at Beckman Consulting Worldwide he commits his time to eradicating addiction in our communities. His model for worldwide change is designed from innovative prevention, treatment, & recovery programs and positioned in the community as a source of education, engagement, and empowerment for individuals & families affected by addiction.

Formerly homeless and addicted to meth, cocaine, marijuana, and alcohol, Mr. Beckman now promotes addiction-free living, a green environment, and shared visions of positive change in our communities. He advances a genuine commitment to quality living so that our children will inherit a world of peace, understanding, and hope. His journey began July 17, 2000. He encourages everyone to uniquely approach the transmission of healthy values, beliefs, and norms to our children, as they are being raised in a turbulent, drug & alcohol-saturated world. Resiliency is the cornerstone to their growth and ultimate ability to change the world, experience an incredible life journey, and reach their destination, safely.

Please contact Mr. Beckman and participate in shaping a healthy, drug-liberated future, creating a new era of understanding about addiction and how to care for addicts in the community, and promising our children that we will always do our part to keep our world clean, green, and safe.

The Book....

Looking for a memorable read and unique perspective on addiction and an unforgettable bond between father and son in a 12 Step home? **"Hug me, My daddy's not a drug addict"** is a mix of self-help, resiliency, and parenting and meant for both the addict and the family of the addict. Read about relationships, honesty, accountability, uniqueness, and much more along the path of sobriety and recovery from the trauma caused by addiction.

What's covered....

Relationships • Codependency • Triggers
Accountability • Power & control
Communication • Trust • Boundaries
Expectations
Individuation in the family
Choice • Lying, cheating, & stealing
Manipulation • Rigorous honesty
Grief & loss • Denial
Self-esteem • Pride • Values • Respect
Shame vs Guilt • Reacting vs responding
Rationalization & Justification
Awareness & education • Fellowship
12 Steps • The emotional roller-coaster
Resentments • Fear of change • Gratitude
Cognition & reasoning • Humility
Raising a resilient child
Integrity • Freedom

www.brandonbeckman.com